



# Friends of Salt Springs Park August 2021

[www.friendsofsaltspringspark.org](http://www.friendsofsaltspringspark.org)

570-967-7275



## Just a Few More Needed Volunteers, that is!

**By Whom:** Diana Bean, Race Director (email her at [dbean0120@gmail.com](mailto:dbean0120@gmail.com) if you can help out)

**For What, Where, & When:** Saturday, 9/4: Morning, 2-hour slots between 7 and 11 a.m. for packet pickup, traffic control, and directing runners at key spots; Afternoon (or even Sunday), at your convenience, picking up the flags and removing the marking ribbons along the race route

**Why:** Because you, our members and volunteers, are key to everything that goes on at Salt Springs Park. Sayings like this become clichés because they are truths: We cannot do it without you. "It" meaning "everything." *You* make it all possible.

Diana's a volunteer, too, and this race is an important fundraiser for the Friends, so let's help her out. Thank you in advance!

## Taste of the Endless Mountains

The tickets sold out, the weather and setting were perfect, the crowd was mellow, and the beer, wine, food, music, and good company were well appreciated. And yes, you heard it here first—we're going to do it again next year!



Left: Several event organizers (left to right): **Barbara McNamara, Diane Hawley-Wurth, Eileen & Bruce Baessler, and Kevin Noonan**; Below (L to R): Musicians **Brian Whittaker, Dickie O'Boyle, and Pat Donnelly**.



Above: **Nancy Holbrook** (left) and **Christina Young**; Below: **Alex Creamer** (left) and **Frank Fruehan**; Right: Random happy woman who's smile sum's up the day nicely!



## Upcoming Programs Full Details on Our Website

**Archery for Beginners. Saturday, September 4, 10 a.m. till Noon.** We provide the equipment, and all ages are welcome. Taught by certified instructor **Diane Hawley-Wurth**. Fee: \$5; \$15/family.

**Medicinal Herbal Tea Workshop. Sunday, September 12, 1 p.m.**

Herbalist **Maddie Murry's** workshop includes tasting several teas and learning about the herbs used. Participants will be given a sampling of herbs to take home. \$10; members, \$5.



**Yoga in the Park. Saturday, September 18, 1 p.m.** Beginners are welcome. Bring a mat or blanket and drinking water. Led by Friends' members **Tressa Tedino** and **Ramona Kacyvenski**. \$5; families, \$15; members, free.



**Monarch Madness and Milkweed Mud Pies. Sunday, September 19, 1 p.m.** Rain or shine. Monarch butterfly caterpillars eat only milkweed. A short

presentation is followed by hands-on preparation of a seed mix you can take home to plant. Bring gloves if you don't want to get your hands dirty! \$5; members, free.

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## Meet Ken Thompson 2021 Volunteer of the Year!



We met **Ken Thompson** and his wife **Mary Ann Bryant** on April 23, 2016 (the day this picture was taken), when they helped out on Trail Day. Being new members, they had come to check us out and see what volunteering for the Friends was all about. They became weekend hosts, and Ken is a regular at our workdays. In addition, we call and he comes to help split wood, plant trees, paint tables, install wayside signs—whatever is needed.

Please attend the Membership Picnic (September 11, 4-7 pm), and help us show our appreciation to Ken for all the time and energy he has shared with us over the years.