



# Friends of Salt Springs Park August 2022

[www.friendsofsaltspringspark.org](http://www.friendsofsaltspringspark.org)

570-967-7275

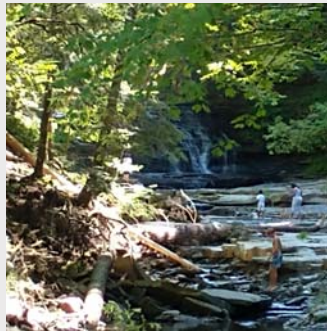


## Summertime

It has been warm and dry at the park this spring and summer, and no one is complaining! Knowing the effects of too much water, we're okay with the status quo.

It is actually pretty perfect around here right now. Come check it out for yourself, if you can. We have something going on every weekend in August. If you just want some quiet time, come during the week and head out on the trails.

**Did you know:** We have three parking lots in the heart of the park, off Buckley Road. You can bypass the main parking and picnicking area, head out there, and explore new territories.



## Fun Times

### Introduction to the Mountain Dulcimer Sunday, August 7, 2 pm

Janet Nieburg will introduce us to the Mountain Dulcimer, a truly American folk instrument. Learn something about its history and some of its well-known players. See and hear it played, and if you hang around after the program, you might get a chance to play it!

Janet is a retired Union-Endicott music teacher and an active church musician at Vestal United Methodist Church. She has been playing the mountain dulcimer since 1990, when she acquired her first one at the Roberson Center Fall Arts Festival. She gives lessons on playing the mountain dulcimer, including through the Montrose Area Adult School.



The program is held in the Carriage Barn, with a \$5 entrance fee.

### Taste of the Endless Mountains - Beer & Wine Festival Saturday, August 13, 2-6 pm

Friends of Salt Springs present  
**Taste of the Endless Mountains  
Beer & Wine Festival**  
★ Saturday, August 13, 2-6 PM ★  
Williams Pavilion, Salt Springs Park  
2305 Salt Springs Road, Montrose, PA • 570-967-7275

TICKETS ARE ON SALE NOW  
\$20 each—available at  
Chocolates by Leopold      Montrose Feed  
Pink Arrow Arts              Red Rock BBQ  
Wee Bee Flowers              Salt Springs Park office  
Or \$25 each at the door

Enjoy a summer afternoon outdoors  
sampling the creations of  
Antler Ridge Winery  
B&G Winery  
Case Quattro Winery  
Deep Roots Hard Cider  
Endless Brewing  
Iron Horse Brewery  
Space Time Mead & Cider Works  
Saint Joe Winery

Live Music  
Food Vendors  
50/50 Raffles

This is a fundraiser for the nonprofit  
Friends of Salt Springs Park.  
All proceeds directly support the  
maintenance of the park.

We're pleased to host another beer and wine tasting event this summer, and its only two weeks away. We have expanded our offerings. If you've never had hard cider or mead, now is your chance to sample some. Cooks Dale & Doyle Lewis will be selling food as well, and desserts will be baked and offered by the Friends.

Tickets are now also available at Slanted Art, as well as the places listed in the poster. Don't wait until the last minute to get yours!

## Mark Your Calendar Full Details on Our Website

**Archery for Beginners. Saturday, August 20, 10 a.m. (also 9/10).** Our beginner's program is based on the National Archery in Schools Program, which makes it easy for anyone to learn. We provide the equipment, and you bring your focus. All ages are welcome. This is a great family activity taught by NASP-certified instructor **Diane Wurth**. **Meet by the Dairy Barn, beyond the parking lot. Fee: \$5; \$15/family.**

**Yoga in the Park. Saturday, August 20, 10-11:30 a.m. (9/17).** Join us for a Vinyasa Flow (Yoga) Practice along Silver Creek, led by **Ramona Lena**. Beginners are welcome. Bring a yoga mat or blanket and drinking water. **Fee: \$5; families, \$15; members, free.**

**Mushrooms and Mycelia. Sunday, August 21, 1 p.m.** Mushrooms and their mycelia are important facets of ecological sustainability. A short presentation will be followed by a mushroom hunt to ID and photograph these forest gems. **Fee: \$5; families, \$15; members, free.**

**Discovery Trail. M Is for Monarchs on Milkweed. Wednesday, August 24, 1-3 p.m.** A series of summer sessions is offered to experience our environment through various habitats and hands-on activities. In August, we will see how many Monarch butterflies we can find. We will learn about their life cycle, their connection to milkweed, and how they migrate to Mexico. **Fee: \$5/person; \$15/family; members, free.**

**Bat Count. Saturday, August 27, 7:30-8:30 p.m.** As part of the Appalachian Bat Count initiative, we'll count our resident bats as they emerge from their maternal roost. Bring something to sit on and a flashlight. The count will be led by Lackawanna State Park's Environmental Education Specialist **Tony DeSantis**. **No fee.**

**Tea Time Book Reading and Signing. Sunday, August 28, 1-2:30 p.m.** Come for an afternoon tea with dessert and a brief discussion of the origin of the afternoon tea. **Charlotte Remakus** will read her book *Mugsy the Dog No One Wanted*. The program fee includes a paperback copy of the book signed by the author in addition to tea and dessert. Come enjoy this true story about when Charlotte volunteered at the local True Friends Animal Shelter in Montrose, PA. **Fee: \$10.**